



SCOTTISH OFFICIAL BOARD OF HIGHLAND DANCING

2016 Championship Steps

7 Years & Under12

Highland Fling

Intro

1st

5th Alt.

6th

8th

Sword Dance

Place on ½ point

1st

4th (arms 1st pos. bars 4, 8,12,16)

8th (comm. 2 open pas de basque)

Seann Triubhas

Intro: Either

1st

2nd

5th

13th (1 leap)

Strathspey & Half Tulloch

Intro: Basic 1st Alt. Ending

3rd

2nd

Reel

1st

2nd

9th

Last Step

12 Years & Under16

Highland Fling

Intro

1st

5th Alt.

6th

3rd

4th

8th

Sword Dance

Place on ½ point

1st

4th (arms 1st pos. bars 4,8,12,16)

3rd (2nd Alt finish)

8th (comm. 2 open pas de basque)

Seann Triubhas

Intro: Either

1st

2nd

5th

6th Alt.

10th

13th (1 leap)

Strathspey & Half Tulloch

Intro: Basic 1st Alt. Ending

3rd

2nd

Reel

1st

2nd

9th

Last Step

16 Years & Over

Highland Fling

Intro

1st (turn arms in 2nd)

5th

6th Alt. (with travel)

5th Alt.

4th

8th (arms 2nd pos. during turns)

Sword Dance

Place on ½ point

1st

5th

3rd

8th

Seann Triubhas

Intro: Either

1st

2nd

5th (arms 3rd-4th-3rd)

6th

10th

13th (2 leaps)

Strathspey & Half Tulloch

Intro: Basic 3rd Alt. Ending

7th Alt.

2nd

Reel

1st

2nd Alt.

10th

Last Step